

## This month in EHP

The November-December issue of [Environmental Health Perspectives \(EHP\)](#)

(<http://ehp.niehs.nih.gov/>)

spotlights urban gardening and the need for better water quality for fish.



### Urban Gardening: Managing the Risks of Contaminated Soil

The urban decay of the middle and late twentieth century has given way to a gardening revival in cities around the globe. But, urban soils are often heavily contaminated with metals, polycyclic aromatic hydrocarbons, and other contaminants, prompting concerns about the health consequences of urban gardening, and offering new solutions.

### How Safe Is Safe? Fish Consumption Rates in the Pacific Northwest

Many Native Americans consume much more fish and shellfish than average, exposing them to high levels of toxic chemicals that bioaccumulate in aquatic life. Pressure from tribal governments, led by the Confederated Tribes of the Umatilla Indian Reservation, culminated in Oregon, enacting the nation's most protective state water quality standards in 2011. Other tribes in the region, as well as the U.S. Environmental Protection Agency, would like to see the same measure repeated throughout the Pacific Northwest.

### Featured research and related news articles this month include:

**Perfluorooctanoic Acid (PFOA) Exposures and Incident Cancers Among Adults Living Near a Chemical Plant - PFOA and Cancer in a Highly Exposed Community: New Findings From the C8 Science Panel**

**Air Pollution Exposure and Lung Function in Children: The ESCAPE Project - Small Changes, Big Impact: Exposure to Air Pollution and Reduced Lung Function in Children**

**Research on the Premotor Symptoms of Parkinson's Disease: Clinical and Etiological Implications - Before the Tremor: Premotor Symptoms of Parkinson's Disease**

**Insulin Resistance and Environmental Pollutants: Experimental Evidence and Future Perspectives - Toxicity Testing From the Bottom Up: Proposed Protocol for Screening Pollutants Linked to Insulin Resistance**

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